

Learning how we learn

This list is designed to go with KS4/KS5/HS Year 3 presentation.

You will need a set of mini-whiteboards for their responses.

Slide	What
2-4	Review – Monkey Business Illusion
5-9	Review to learning One way to think of learning is that we are learning things, then connecting them (this is a schema model)
10-22	Attention = alertness + focussing + effort Get them to come up with ideas about distractors (slide 18) Discuss what various combinations (slide 22). Return to adolescent brain – their sleep patterns will change.