

Learning how we learn

This list is designed to go with KS3/MS Year 1 presentation.

You will need a set of mini-whiteboards for their responses.

Slide	What
2-3	Intro – add your own to show why they’re learning your subject
4-6	Intro to learning
7-13	Attention is focus Show the first slide of objects and ask them to give it their focussed attention for 30 seconds. After 30 seconds move to the next slide and ask them to write down all the things they can remember. Then show the next set of objects but continue to talk loudly – put on some music or do other distracting things. Repeat making the list. Or some variation of this that shows the impact of splitting attention.
14-17	Put a stopwatch on the screen and get them to do the WM activity Pause and elicit some ways to make best use of their working memory (at school and at home): - Turning off devices - Not checking their phone - No music! - Chatting to others
18-24	Answer questions on whiteboards Discuss how to make meaning in lessons - Think about things you have seen like it before - Think about whether you like it - Make a picture in your head about it
25-27	Talk through the importance of forgetting
28-29	What we’ll do this year
30-35	A couple of brain games to finish: - The Stroop Effect – see slide 84 - The swirly thing

