

Learning how we learn

This list is designed to go with this presentation: KS4/KS5/HS Year 1

Slide	What
2-3	Intro to your subject... why should they be interested in how you see it
4-6	What is learning
7 - 10	Monkey Business illusion Remind them importance of attention
11 - 38	Get them to do the WM activity Working memory is about hold things in your memory and DOING things with them Pause and elicit some ways to make best use of their working memory (at school and at home): - Turning off devices - Not checking their phone - No music! - Chatting to others
39-47	Thanksgiving/dollar question Pause and elicit some ways to make best use add meaning to what the teacher is saying: - Think about things you have seen like it before - Think about whether you like it - Make a picture in your head about it
48-53	Talk through the importance of forgetting Connections are strengthened every time you remember Memories are recreated every time you recall them
54-55	What we will do this year
79 – 81	A couple of brain games to finish: - The Stroop Effect – see slide 84 - The swirly thing

1. *Rhymes with train? Hundred*
2. *Is it pleasant? Corn*
3. *A or U? Cool*
4. *Rhymes with train? Rate*
5. *A or U? Jump*
6. *Rhymes with train? Pain*
7. *Is it pleasant? Urge*
8. *A or U? Country*
9. *Rhymes with train? Main*
10. *A or U? About*
11. *Is it pleasant? Diamond*
12. *Rhymes with train? Into*
13. *Is it pleasant? Welcome*
14. *A or U? Window*
15. *Rhymes with train? Maintain*
16. *Is it pleasant? Airplane*
17. *Rhymes with train? Thread*
18. *A or U? Match*
19. *Rhymes with train? Cane*
20. *Is it pleasant? Fruit*
21. *A or U? Melt*
22. *Rhymes with train? Rain*
23. *Is it pleasant? Race*
24. *A or U? Only*
25. *Is it pleasant? Winter*
26. *A or U? Single*
27. *Is it pleasant? Disease*
28. *A or U? Yourself*
29. *Rhymes with train? Else*
30. *Is it pleasant? Camp*